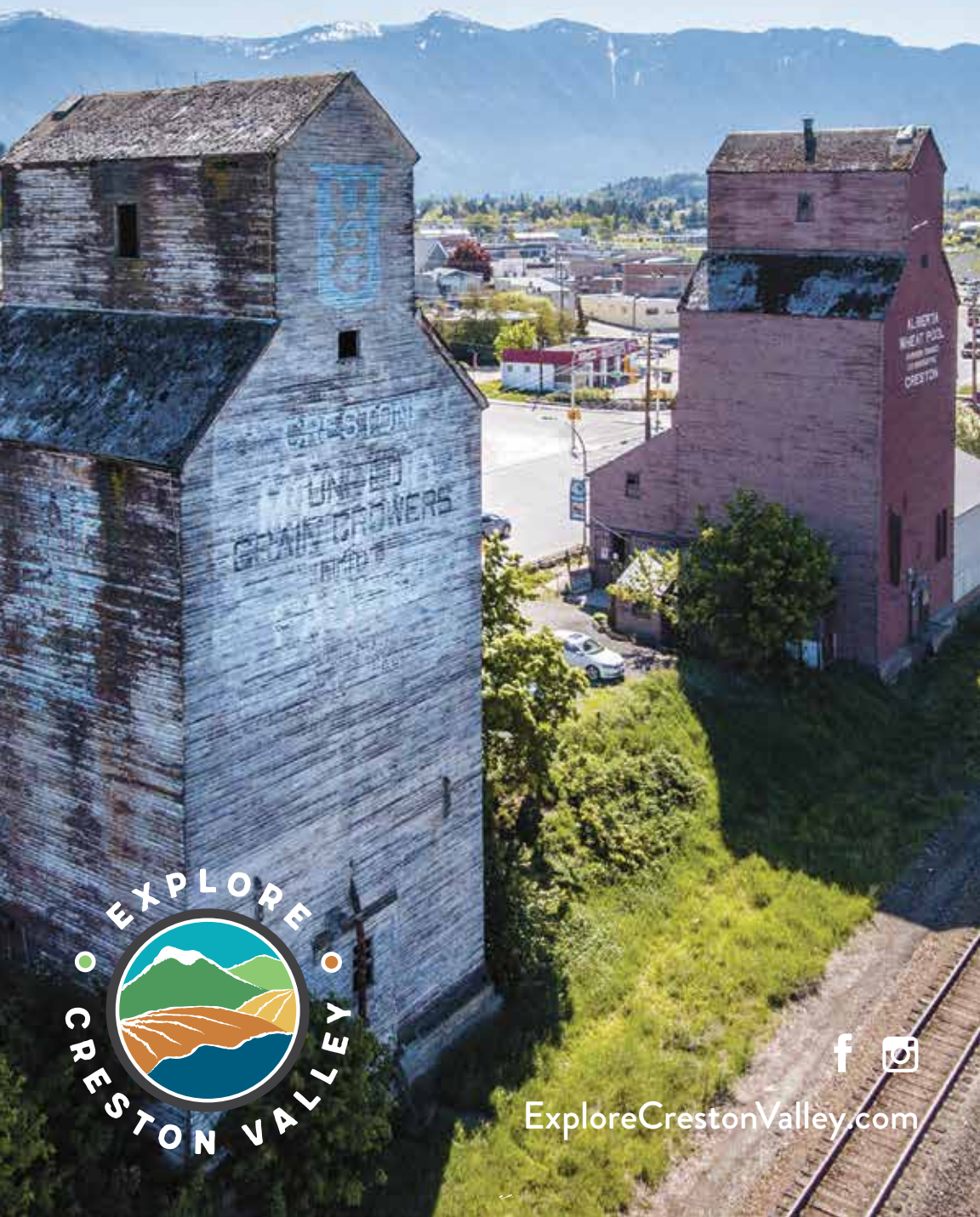


CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE
2022-2023



ExploreCrestonValley.com

CRESTON VALLEY

OFFICIAL VISITOR'S GUIDE 2022-2023

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WELCOME TO RELAXING VALLEY LIFE

ON behalf of the newly founded Creston Valley Tourism Society, we welcome you to the Creston Valley. This valley is surrounded by mountains and blessed with natural lakes, rivers and wildlife. Creston's small-town charm and mild climate make it the perfect destination for anyone looking to relax and unwind.

Orchards and vineyards are the pride of locals and charm those visiting. Local meats, dairy, grains, fruits and vegetables leave residents with everything they need and enough abundance to share with visitors or those passing through.

The Creston Valley Tourism Society's passionate Board of Directors believe that this area has so much to offer in the form of a peaceful getaway - a break from busy life where one can simplify and connect to the land, water, wildlife and whole foods.

We wish you well in discovering the charm of Creston and look forward to seeing you again soon!

Mimika Coleman,
Creston Valley Tourism Society Chairperson

COVER PHOTO:

Creston Historic Grain Elevators, photo by Daniel Séguin

THIS PAGE PHOTO

View from Mt. Thompson, photo by Andrew Bibby

CREDITS:

Photos by: Daniel Séguin, Matt Bolt, Andrew Bibby, Linda Ortega. **Writing & Design by:** Claris Media

Published by: Creston Valley Tourism Society



A great place to take a break!

Find these “hidden gems” in Yahk, BC.



KTUNAXA NATION ACKNOWLEDGEMENT

THESE beautiful lands are the traditional and unceded territory of the Ktunaxa Nation (pronounced k-too-nah-ha).

The Lower Kootenay Band or Yaqan Nuʔkiy is one of five communities of the larger Ktunaxa Nation, whose traditional territory includes the Creston Valley and Kootenay Lake area. Yaqan Nuʔkiy means “where the rock stands” referring to an important place in the Creston Valley. The people of Yaqan Nuʔkiy speak the Ktunaxa language, which is one of the eleven original aboriginal language families in Canada, not related to any other language in the world.

The people of Yaqan Nuʔkiy settled along the Kootenay River and Kootenay Lake, using the Kootenay Canoe (Yaksumit) to travel up and down the Kootenay River, into the wetlands and Kootenay Lake for all sustenance activities. The canoe was also an important part of the social, ceremonial and religious activities.

The Yaksumit is known for its unique design, with its sturgeon nose shape, front and back, the canoe lies flat from stern to stern.

Today the Lower Kootenay Band and Yaqan Nuʔkiy Community continue to play a strong and vital role in the community, with the band operating a number of important local businesses, the Yaqan Nuʔkiy Independent school, and having just opened their beautiful new administrative building, shaped like the Yaksumit.

The Creston Valley Tourism Society acknowledges this area as part of the unceded territory of the Ktunaxa people and is grateful for the opportunity to live, play and share these beautiful lands and waterways with our visitors.

DISCOVER CRESTON VALLEY



DISCOVER CRESTON VALLEY
by Amy Maddess

WE invite you to discover the region in the Kootenays where east meets west known as the Creston Valley.

The temperate climate and expansive views are what attract visitors year-round, with deep roots in agriculture, an array of recreational opportunities, and a surprising artisanal scene that keep them coming back.

From the picturesque banks along the Moyie River in Yahk to the meandering waters of the Kootenay River running north through the Creston Valley before flowing into Kootenay Lake, the communities are connected by both land and history.

Travelling from the east, the small community of **Yahk** boasts camping opportunities along the Moyie River, thrifting, and of course the infamous goats atop the roof at the **Soap and Candle Co.**

Orchards and fruit stands in **Erickson** have drawn visitors and families for generations. Here you will find a bounty of locally grown fruits and vegetables, baked goods and sweet and savory preserves to prepare your own feast or take home. Wineries specialize in cool-climate wines and are happy to host you in their tasting rooms.



Creston, the commercial and business hub of the Valley, has a vibrant downtown worth stopping for. Standing tall in the center of the town, the two historic grain elevators overlook the valley alongside an impressive assortment of restaurants and charming cafés, state-of-the-art recreation facilities, theatres and galleries, cool and quirky shops, a variety of professional services, and more.



Canyon is the gateway to Mt. Thompson, and an outdoor enthusiast's paradise offering some of the best hiking and views around. The beautiful community park offers camping, ball fields, a horse arena, playground, and spacious community hall.



Further south you'll find **Lister**, another country paradise offering dairy, grain, beef, and poultry farming. Stop by the **Kootenay Meadows fromagerie**, take a peek inside the barns, meet the cheesemakers, watch the robotic milking process, and say hi to the cows!

West of the Kootenay River you'll find **West Creston** and the **Creston Valley Wildlife Management Area**, with opportunities to view a diversity of wildlife and access year-round trails for hiking, biking, snowshoeing and cross-country skiing.

To the north **Wynndel** offers a winery and craft distillery open for tastings and a short drive away, **Duck Lake** has exceptional bass fishing and scenic ice-skating come winter.



While the Creston Valley has become known for its growing season and agriculture, what sets it apart is the quality of people that call it home and shape these communities as farmers, artists, entrepreneurs and families. It's a place where you'll not only discover fresh food, but friendly, hard-working, down-to-earth folks who share a love for the valley.

by Amy Maddess, Visitor Centre Manager

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ALL SEASONS SEASONAL HIGHLIGHTS



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SPRING comes early in this part of BC, which not only allows for an earlier growing season, it allows for earlier... everything! With warmer weather, trails are clear and ready for exploring and avid bikers, hikers and runners are out enjoying the trail network. The golf season at Creston Golf Club also opens for the season, sometimes as early as March! In Erickson, the colourful and optimistic cherry blossoms draw visitors. Starting in May, the award-winning Farmers Market begins running its extremely popular outdoor markets each Saturday.

In **Summer**, it continues to heat up and visitors and residents alike take to cooling off in the lakes and rivers, at the splash park, or by taking a dip at the pool. Paddlers have their canoes, kayaks and SUPs out on the water as well, and fishing season is well underway. The wineries are busy with tastings, and by late July fresh cherries and peaches are up for grabs at local fruit stands and markets.

With **Fall** comes the harvest. People travel to this region from September to October to gather fresh and delicious locally grown fruit and vegetables to fill their pantries for the winter season through canning, making pies and jam, and more. During the first week of September, the Creston Valley Fall Fair takes place to celebrate the bounty of this harvest. This time of the year is also stunning in the mountains, getting to those ridges to see the colours as they creep across the valley before the snow flies.

When **Winter** settles in, it's time to swap the gear and bring out the snowshoes, ski touring equipment, Nordic skis and any other way to play on the snow. Toboggans encouraged. It's also the perfect time of year to spend time skating or swimming at the Community Complex, taking in local entertainment such as hockey games and trivia nights, and enjoying all of the amazing shops, cafés and restaurants in town. Don't miss the craft fairs and markets during the holiday season!



OUR TOP TEN

INTERESTING FACTS ABOUT THE CRESTON VALLEY

2 CLIMATE



3 GRAIN
ELEVATORS

WHILE visiting the Creston Valley, or during the planning phases of your upcoming trip, you'll quickly come to realize there are many unique and interesting things that set the Creston Valley apart from other areas in BC. We're here to help with the process! Here are our Top Ten interesting facts about the Creston Valley.

1 TIME ZONE. Creston Valley does not observe Daylight Savings Time, staying on Mountain Standard Time year-round. This means the local time does not change during the year which can be confusing when travelling. Be sure to check the local time before you arrive or ask a local when you get here!

2 CLIMATE. Creston has the third longest growing season in BC and one of the mildest climates in the interior of BC, making it ideal for growing cherries, grapes, and just about anything else!



4 KOOTENAY
RIVER

3 GRAIN ELEVATORS. You can't miss the iconic twin grain elevators in Creston, two of only four still standing in BC.

4 KOOTENAY RIVER. The Kootenay River flows north rather than south from Idaho through the Creston Valley into Kootenay Lake before flowing out north at Nelson, BC. This river is also home to Sturgeon Fish, which are considered "Living Fossils" - the second oldest living creature behind crocodiles.

5 KOOTENAY PASS. A 35-minute drive west from Creston, this is one of the highest mountain pass roads in North America open year-round and is a mountain lover's paradise.

6 NAMESAKE. The Town of Creston was named by railroad surveyor Fred Little after a town he had worked in - Creston, Iowa. It was incorporated as a municipality May 14, 1924.

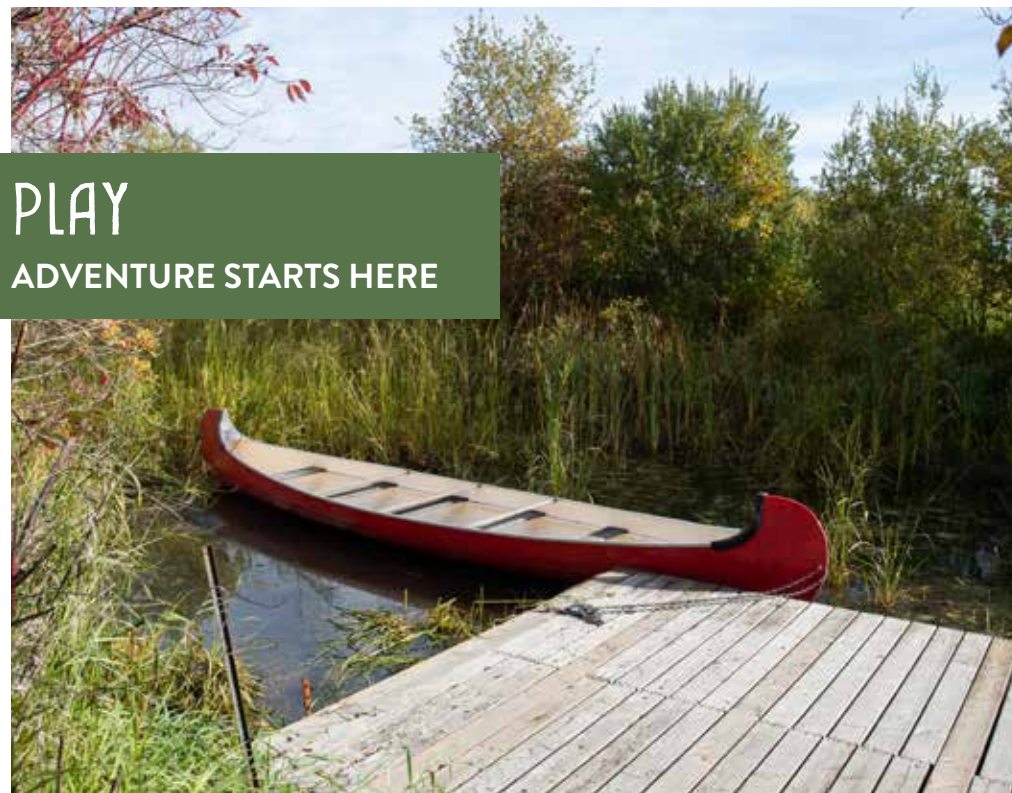
7 YAHK. This sleepy village was once a bustling town with a population of 3000

that supplied over three million rail ties for the Canadian Pacific Railroad.

8 KTUNAXA PEOPLE. The Creston Valley area is the traditional territory of the Yaqan Nukiy tribe of the Ktunaxa First Nations, famous for their uniquely designed Sturgeon Nosed Canoes, used to traverse the area rivers, lakes, and wetlands of the Kootenay River and Lake to fish and hunt.

9 CRESTON VALLEY WILDLIFE MANGEMENT AREA. This is a Ramsar designated bird sanctuary, an important habit for Migratory birds in Western North America, and home to many unique species such as the Western Painted Turtle and Leopard Frog.

10 EAST OR WEST KOOTENAYS? Neither! With the Purcell Mountains on the east side of the Creston Valley, the Selkirk Mountains to the west and Kootenay Lake to the north, Creston is the definition of central.



PLAY

ADVENTURE STARTS HERE

IN British Columbia, spending time recreating is an extension to every-day life. Here in the Creston Valley, it is no different and with such diverse and expansive offerings, the exploration feels almost endless.

Year-round, mountains, trails, rivers and lakes can be discovered and explored in the beautiful and pristine environment this valley offers. Amazing and accessible community facilities, parks and amenities add to this in off seasons, during the winter months, and for those with young families or perhaps just short on time.

Whatever your passion or interest, you'll have the opportunity to explore it here and also to maybe try something new! It seems with each year, there are more things to do in every corner of Creston Valley, creating even more ways for you to 'play' and allowing you to diversify your stay.

Enjoy the following local suggestions – we hope they inspire and encourage you during your time here! Visit explorecrestonvalley.com/play for the full details!



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WHAT THE LOCALS SAY

CARLA AHERN

Kootenay-Columbia Discovery Centre Society

I grew up exploring the beaches and ocean off Vancouver Island's east coast with my family. My Dad was a marine biologist and he shared his knowledge and passion for the marine environment with us. My fondest childhood memories involve poking gooey ducks and sea anemones in the pools of the intertidal zone, turning over rocks to find baby crabs and digging for clams.

After graduating from university, I veered towards jobs in the conservation biology realm: studying herring, northern spotted owls, desert tortoises and northern leopard frogs (the latter bringing me to Creston). I worked in many nature museums and interpretive centres delivering programs and tours related to the natural world. I didn't necessarily plan to go into environmental education (EE), but it evolved as I realized how much I loved sharing my passion and interest for nature and sparking curiosity about the natural world in others.

It has been my honour to be a part of the EE community in the Creston Valley since 2005. I moved here from the coast for a six-month seasonal position at the Creston Valley Wildlife Management Area (CVWMA) and I never left. Creston has a rich history in EE, with an Interpretive

Centre in the wetland of the CVWMA since 1974. I am so proud to be a part of that story and be involved in the strong fabric of EE in the Kootenay region as it continues to grow and thrive.

Q. One thing that surprises people about the Creston Valley is... the vast array of agricultural goodies that can be found here. Farm fresh everything is available!

Q. My favourite time of year here is... the spring because everything comes alive as the valley greens up, migrating birds arrive in huge flocks, and the cycle of life is evident everywhere you look. Everything just feels so alive.

Q. Don't leave the Creston Valley without... exploring the trails of the CVWMA (totally biased here) to take in the sights and sounds of this amazing wetland!

Q. In my opinion, the best place to watch the sunset is... my deck lol! We have an unobstructed view of the sun setting on the Skimmerhorn (Purcell) mountain range and it's pretty fantastic! For a similar perspective, hike up Balancing Rock trail to the first look out and you can enjoy the same view.

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PLAY IN THE MOUNTAINS

WITH five main hiking areas in the Creston Valley, there are many choices when it comes to hiking, trail running and snowshoeing throughout the year.

1 MOUNT THOMPSON TRAILS

On the East side of the Creston Valley in the Purcell range, Thompson Mountain is home to a network of five trails that wander up and on top of Mount Thompson, including **Sullivan Creek** and **Thompson Rim Trails**.

2 GOAT (ARROW) MOUNTAIN TRAILS

Backing onto the Town of Creston's northern boundary, Goat Mountain is home to two easily accessible trails that meander through the forest- **Billy Goat Bluff** and **Lady Slipper Trails**.

3 CRESTON VALLEY WILDLIFE MANAGEMENT AREA TRAILS

In the West Creston area of the CVWMA, the **Corn Creek Marsh** and **Summit Creek** areas provide five loop trails along boardwalks and dykes through the wetlands, marshes and bird habitat.

4 MOUNT CRESTON TRAILS

Just west of the CVWMA Trails, this network goes up, around, and behind Mount Creston to provide stunning

vistas of the wetlands and valley including **Balancing Rock**, **Fern Forest**, **Summit Creek**, and **Mount Creston Trails**.

5 KOOTENAY PASS TRAILS

West of Creston in the Selkirk Mountains along Highway 3, the Pass provides trails through ancient cedar groves and to the tops of high mountain peaks popular in both summer and winter. Highlights include **Ka Papa Cedars**, **Ripple Ridge** and **Cornice Ridge Trails**.

BACKCOUNTRY TRAILS

For those with 4x4 vehicles and experience, the area features a few rustic back-country trails including **Haystack Mountain Trail** in Kianuko Provincial Park and **Mount Midgeley Trail** to the North-West of the Creston Valley.

For more detailed descriptions pick up a copy of the new Creston Valley Hiking Map, available at the Creston Valley Visitor's Centre and other local businesses.

And, check out the pull-out map in this Guide to see the locations of the hiking areas.



PLAY ON THE WATER

WHILE some prefer to gain heights and spend time within the mystical woods and on the stunning peaks of Creston Valley's mountains, others are drawn to the Valley floor and the many opportunities the bodies of waters and waterways provide. Creston Valley is home to lakes, rivers and wetlands, each drawing recreationalists for different attractions and pursuits. During your stay, find the time to cool down and rejuvenate on the water.

PADDLING

Home to a number of rivers and lakes, paddlers are drawn to these waterways for kayaking, canoeing and SUPing.

A popular launch point on the **Kootenay River** is the **Old Ferry Landing** where you'll also find picnic tables and a parking area. **Kootenay** and **Duck Lakes** are also popular, with **Kuskanook Harbour** the nearest launching point on Kootenay Lake and the **CVWMA Launch at Sirdar** a good access point for **Duck Lake**.

SWIMMING

With the warm and sunny climate found in the Creston Valley, finding the perfect swimming hole is the perfect way to cool down and reward yourself after the day's adventures. **Popular local swimming holes** are found on both the Goat and Moyie River, and of course the Kootenay Lake. If you're looking to spend more time relaxing in the sun, consider visiting the **Goat River Park** or **Twin Bays Beach on Kootenay Lake**.

FISHING

There are 17 known species of fish found in the ponds, channels, rivers, creeks and lakes of the **Creston Valley Management Area** – permits required (crestonwildlife.ca). The popular species to fish are the large-mouth bass and yellow perch in the ponds and channels and on Duck Lake, which boasts some of the best large-mouth bass fishing in BC. If you're looking to fish trout, make sure to visit the Goat, Kootenay River or head out on the waters of Kootenay Lake.

WETLANDS AND WILDLIFE

The **Creston Valley Wildlife Management Area (CVWMA)** supports an impressive array of biodiversity with over 300 bird, approximately 60 mammal, 17 fish, 6 reptile and 6 amphibian species that have been recorded. Additionally, there are thousands of invertebrate and plant species! CVWMA has an extensive network of flat-top dyke trails which are easy to access throughout the year and offer amazing opportunities to be immersed in the wetlands and wildlife in this area.



PLAY WINTER RECREATION

THE Creston Valley is also known for its winter pursuits including snowshoeing, cross country skiing and ski touring!

SNOWSHOEING AND XC SKIING

While Creston is mostly snow-free in the winter, you can still find beautiful snowshoeing on the **Kootenay Pass**, including accessible family friendly snowshoeing along **Ka Papa Cedars Trail**. Additionally, enjoy snowshoeing or cross country skiing along the ungroomed trails located at **Corn Creek** and **Summit Creek Areas** within the **Creston Valley Wildlife Management Area (CVWMA)** during the late winter.

SNOWMOBILING

The **Kootenay Pass** also provides great opportunities for snowmobiling along a number of trails maintained by Kokanee Country Snowmobile Club, including two overnight cabins. Learn more about membership fees and hut rentals at kcsc-bcsf.silkstart.com.

SKI TOURING

Stagleap Park located at the top of Kootenay Pass is known for its incredible "slack-country" ski touring options, with routes to Ripple Ridge on the south and Cornice Ridge on the north side of the highway. Book ski in stays at the nearby Ripple Ridge and Lightening Strike cabins, available through the Ripple Ridge Cabin Association, rippleridge.ca.

When recreating in the backcountry during the winter, it's important to be on top of avalanche conditions. Visit avalanche.ca for forecasts. Also, Kootenay Pass is an important habitat for sensitive species like mountain caribou and wolverines. Keep pets on a leash and avoid disturbing these species if encountered.



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PLAY PARKS AND RECREATION

THERE is an abundance of amenities in this valley, including parks,
playgrounds, community facilities and studios.

PARKS

Centennial Park, located in the Town of Creston, features a **Splash Park** that's perfect to help cool the little ones down on those hot summer days while you sit back and enjoy the giggles. In the heart of downtown Creston **Millennium Park** is popular for its outdoor performances, Japanese Garden as well as the nearby Dog Park and BMX Park. If you're looking for a baseball diamond, head to **Canyon Park** (which also includes a horse-riding arena), or **Lister Park** which is also home to a playground, an outdoor hockey arena, and the very popular Disc Golf Course.

REC COMPLEX

The **Creston & District Community Complex** is a world class amenity in the valley, with an indoor pool and sauna, and a gym that hosts a variety of fitness classes. This complex also houses the curling and skating rinks! Outdoors, you'll find the new

Skateboard and BMX park that was inspired by its natural surroundings, integrating skateable faux rock walls and banks. This multi-tiered park is yet another great addition to the other outdoor recreational amenities at the complex, including the playground, pickleball courts, beach volleyball courts, horseshoe pits and baseball and soccer fields.

YOGA AND MOVEMENT

Additionally, make sure to check out the **Yoga Room and Embody Movement Studio**, both of which offer in studio and live stream classes including yoga, dance, hypopressives, core and more.

GOLF

Finally, links lovers should check out the **Creston Golf Club**. Established in 1954, the club is a playable course for all levels and is a great walking course, with gently changing elevation on both nines. It's the perfect way to spend a sunny day in the Valley.

THINGS TO DO AND RESOURCES



- **CRESTON & DISTRICT COMMUNITY COMPLEX**
Public Pool, Fitness Centre, Ice Arena, Community Park.
rdck.ca/recreation. 250-428-7127
- **CRESTON VALLEY GOLF CLUB**
April - November. crestongolf.com
- **CRESTON VALLEY TOUR CO.**
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crestonvalleytours.com

- **EMBODY MOVEMENT STUDIO**
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- **KOOTENAY- COLUMBIA DISCOVERY CENTRE**
Guided Interpretive Centre Tours, Wetlands Canoe Tours. May - August
discovery-centre.ca
- **SUMMIT CYCLES & SPORTS**
Snowshoe and X-Country Ski Rentals
November - March. summitcycles.ca

ARTS AND HERITAGE

DISCOVER AND CONNECT



WHEN in the Creston Valley, it is hard to ignore the arts and culture that surround you, seemingly at your fingertips at all times. Here you will find many attractions from museums to historic grain silos and public galleries to sculpture walks.

You'll also be happily surprised by the musical opportunities that line the calendar, from weekly jam sessions to evening concerts. At the same time, Creston Valley will immerse you in a rich history, as you pass by grain elevators, enjoy eccentric museums and more.

Creston Valley's culture and heritage is valued by both residents and visitors alike. It tells a story... of the people who came before us and helped to create this special place, to those who continue to develop and enjoy its bounty, and above all else it adds a vibrancy and uniqueness to time spent here.



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WHAT THE LOCALS SAY

TAMMY BRADFORD

Creston Museum

I got into heritage/culture almost by accident. In my early teens, I loved history but not museums - they were such dusty, boring places with none of the action and interaction that I loved about history. That changed on a cross-country family vacation to the Fortress of Louisbourg, Nova Scotia - the first-person interpretation brought the history I loved to life. I thought it would be fun to do this as a summer job and spent a summer working as an interpretive guide on the *SS Moyie* in Kaslo. I've changed locations, but not much else, still trying to make local history fun, intriguing and fascinating for anyone who listens long enough to get me started.

When I began working here, a lot of museums especially in small communities really only told the pioneers' stories. Now they're being told alongside the stories of later generations, non-European communities, First Nations people, and more importantly, we're working hard to tell those stories from the perspectives of all those different communities. There are a lot more voices in museums than there used to be, literally and figuratively: the voices of the people portrayed in the exhibits and programs, as well as the voices of people visiting. We still have a lot of work to do, but that's where the field is going and it's very exciting.

I enjoy connecting people to a local story or getting visitors so caught up in a story that they need to hear the end of it, like a really good book or movie. Sometimes we get to connect people with their own story - I once helped a young woman "meet" her grandfather who passed away before she was born. That's pretty powerful.

Q. One thing that surprises people about the Creston Valley is... how awesome the Museum is? But also, while there's everything you need within a ten-minute walk in one direction, a ten-minute walk in another puts you in the middle of nature.

Q. My favourite time of year here is... mid-September to early-October because I love the colours - vivid yellow cottonwoods against a brilliant blue sky. There's nothing more beautiful.

Q. Don't leave the Creston Valley without... visiting the Creston Museum and the Wildlife Area.

Q. In my opinion, the best place to watch the sunset is... anywhere you can see the evening sun reflecting off the Skimmerhorns, really. I love the Skimmerhorns.



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(We can't wait to see you)



For current hours and activities:
Tammy@CrestonMuseum.ca
www.CrestonMuseum.ca



219 Devon Street
Creston BC
250-428-9262

ARTS AND HERITAGE ATTRACTIONS



LIKE many small communities in BC, Creston has a rich history and
is home to many who add to the arts and cultural scene found here.

HISTORIC ATTRACTIONS

Take some time while in the Creston Valley
to explore the past. Learning how a place
was born and the journey of its residents
provides an appreciation and understanding
that enriches your experience while here.

The **Creston Valley Museum** and **Legend
Logos** are fantastic places to start. From
the forestry, mining and agriculture of
the pioneer years, to the people building
communities today and their connections
to the rest of the Kootenays, at the Creston
Valley Museum entrance you'll find exhibit
brochures to support a self-guided tour
with staff on hand to provide you the 'inside
scoop' on all things Creston.

Legend Logos also doubles as the **Yaqan
Nuki Heritage Centre**, which features
murals and exhibits as well as a new
collection of educational videos that offer
an opportunity to learn about the culture
and history of the Ktunaxa people in the
Creston Valley area.



ARTISTIC ATTRACTIONS

Public art and galleries add to the cultural
experience found in the Creston Valley.
As you walk along the streets, taking in the
history of the area, perusing shops, cafés
and restaurants, you'll discover a wonderful
collection of **outdoor sculptures** along
the way. Additionally, you will come upon
galleries such as **Kunze Gallery**, exhibiting
a wide variety of paintings, sculptures and
more by numerous artists. Want to create
something of your own? Visit the **Art Barn**,
which runs various art classes that may be
of interest.

The Creston Valley & Kootenay Lake
Economic Action Partnership is

creating an economic action strategy guide to improve our regional economy.

From Yahk to Creston,
Kootenay Lake to Riondel
the EAP is strengthening:

- Tourism and recreational development
 - Local business matters
 - Agriculture
- Quality of life & resident attraction
 - Technological development

Contact us
economy@kes.bc.ca



Or visit us at
eap.kes.bc.ca

CV-KL Partners



ENTERTAINMENT SO MUCH TO DO!

THE busy calendar year-round in the Creston Valley may catch you off guard, but it shouldn't.

Most people residing here have a zest for life and love to have some fun. After a hard day of working, a challenging day of recreating, or an engaging day of learning, catch some live entertainment or attend a local event to help you celebrate and unwind!

MUSIC AND LIVE ENTERTAINMENT

Many of the local establishments host regular events, including live performances by local and touring musicians at the **Frisky Whisky**. If Jam Night is more your thing, get practicing and make sure to bring your own instrument to **Jimmy's Pub** or **Wild North Brewing Company's Jam Night**.

SPORTS

Creston Valley is also the home of the Creston Valley Thundercats, the local **Junior hockey team**, who play throughout the fall and winter at the Rec Complex. Come join the fans for classic small town Canadian entertainment and cheer for the local team!

FAMILY FUN

Visit **Creston Mini Golf**, with it's beautiful and challenging course - fun for the whole family, or take the gang to **Romano's Runaway Lanes** for some five-pin bowling! And if you're looking for the more familiar, check the movie show times at the **Tivoli Theatre**.

For more happening throughout the year, take a look through the Annual Events Calendar in this guide and for upcoming events and activities closer to your trip, visit explorecrestonvalley.com/events.

HOSTING YOUR OWN EVENT

Are you looking for the perfect location to host an event? Creston Valley has many indoor and outdoor venue options, suitable for your next family reunion, wedding, or special occasion.

For full details on venues and amenities for your event, visit explorecrestonvalley.com.

THINGS TO DO AND RESOURCES



- **THE ART BARN STUDIO**
Individual and group arts and crafts classes. Year Round. artbarncreston.com
- **CRESTON MUSEUM**
Guided Tours and Personalized Experiences.
May - October. crestonmuseum.ca
- **CRESTON VALLEY THUNDERCATS HOCKEY**
Junior Hockey Games. Sept-Feb. crestonvalleythundercats.com
- **CRESTON MINI-GOLF**
Rounds of Mini Golf. May - September crestonminigolf.wixsite.com/minigolf
- **ROMANO'S RUNAWAY LANES**
5 Pin Bowling for group rentals.
Year-round. 250-428-2659
- **TIVOLI THEATRE**
Movie Showings. Tickets at door. facebook.com/Tivoli-Theatre-Creston



HIKING AREAS & TRAILS

- **MOUNT THOMPSON TRAILS**
Activities: Hiking, Horseback Riding, Mountain Biking
Season: Spring, Summer, Fall
- **GOAT (ARROW) MOUNTAIN TRAILS**
Activities: Hiking
Season: Spring, Summer, Fall
- **CRESTON VALLEY WILDLIFE MANAGEMENT AREA TRAILS**
Activities: Hiking, Biking, Snowshoeing, Cross-Country skiing
Season: Year Round

- **MOUNT CRESTON TRAILS**
Activities: Hiking
Season: Spring, Summer, Fall
- **KOOTENAY PASS TRAILS**
Activities: Hiking, Snowshoeing, Back-country skiing
Season: Year Round
- **BACKCOUNTRY TRAILS**
Includes Haystack Mountain Trail in Kianuko Prov. Park and Mt. Midgely Trail to the NW of the Creston Valley.
Activities: Hiking
Season: Summer, Fall

COMMUNITY PARKS & FACILITIES



- **YAHK KINGSGATE COMMUNITY HALL AND PARK**
Facilities: hall, indoor gym, kitchen, outdoor music pavilion, multi-use sport court, bocce and horseshoe pits, and a baseball diamond
Season: Summer, Fall
yahkkingsgate.com
- **CANYON COMMUNITY PARK**
Facilities: Baseball diamond, horse arena, walking track, playground, washrooms, pavillion, and outdoor kitchen.
Season: Summer, Fall
canyonbc.ca
- **LISTER PARK**
Facilities: baseball diamond, outdoor hockey arena, disc-golf course, playground, washrooms, and pavilion.
Season: Spring, Summer, Fall
listerpark.ca
- **MILLENNIUM PARK**
Facilities: walking path, public washrooms, benches, a fountain, Japanese garden, covered bandstand, RV parking and sani-dump.
Creston.ca/2212/Parks-Trails
- **CRESTON & DISTRICT COMMUNITY COMPLEX**
Facilities: Pool, hot tub, steam room, curling rink, fitness gym/track, aerobic studio, hockey arena, ball diamonds, soccer pitch, outdoor sport courts, children's playground, and skateboard park.
Season: Year-Round
rdck.ca/EN/main/services/recreation/complexes-facilities/creston-complex-info

- **DOG & BMX PARK**
Season: Spring, Summer, Fall
Creston.ca/2212/Parks-Trails
- **CENTENNIAL PARK**
Facilities: Playground, picnic area, change rooms, public washrooms, shade trees, picnic tables, benches, a baseball field, and children's splash park.
Season: Spring, Summer, Fall
creston.ca/2212/Parks-Trails



PROVINCIAL PARKS & WILDERNESS AREAS

- **YAHK PROVINCIAL PARK**
Activities: Swimming, Fishing
Season: Spring, Summer
env.gov.bc.ca/bcparks/explore/parkpgs/yahk/ P: 250-489-8540
- **CRESTON VALLEY WILDLIFE MANAGEMENT AREA**
Activities: Hiking, Wildlife-Viewing, Canoeing, Boating, Fishing
Season: Year Round
crestonwildlife.ca
- **STAGLEAP PROVINCIAL PARK**
Activities: Hiking, Snowshoeing, Back-Country Skiing
Season: Year Round
env.gov.bc.ca/bcparks/explore/parkpgs/stagleap/
- **KIANUKO PROVINCIAL PARK**
Activities: Hiking, Horseback Riding
Season: Year Round
bcparks.ca/explore/parkpgs/kianuko
- **KOOTENAY LAKE PROVINCIAL PARKS**
Activities: Fishing, Boating, Hiking, Mountain Biking
Season: Spring, Summer, Fall
bcparks.ca/explore/parkpgs



BEACHES & SWIMMING SPOTS

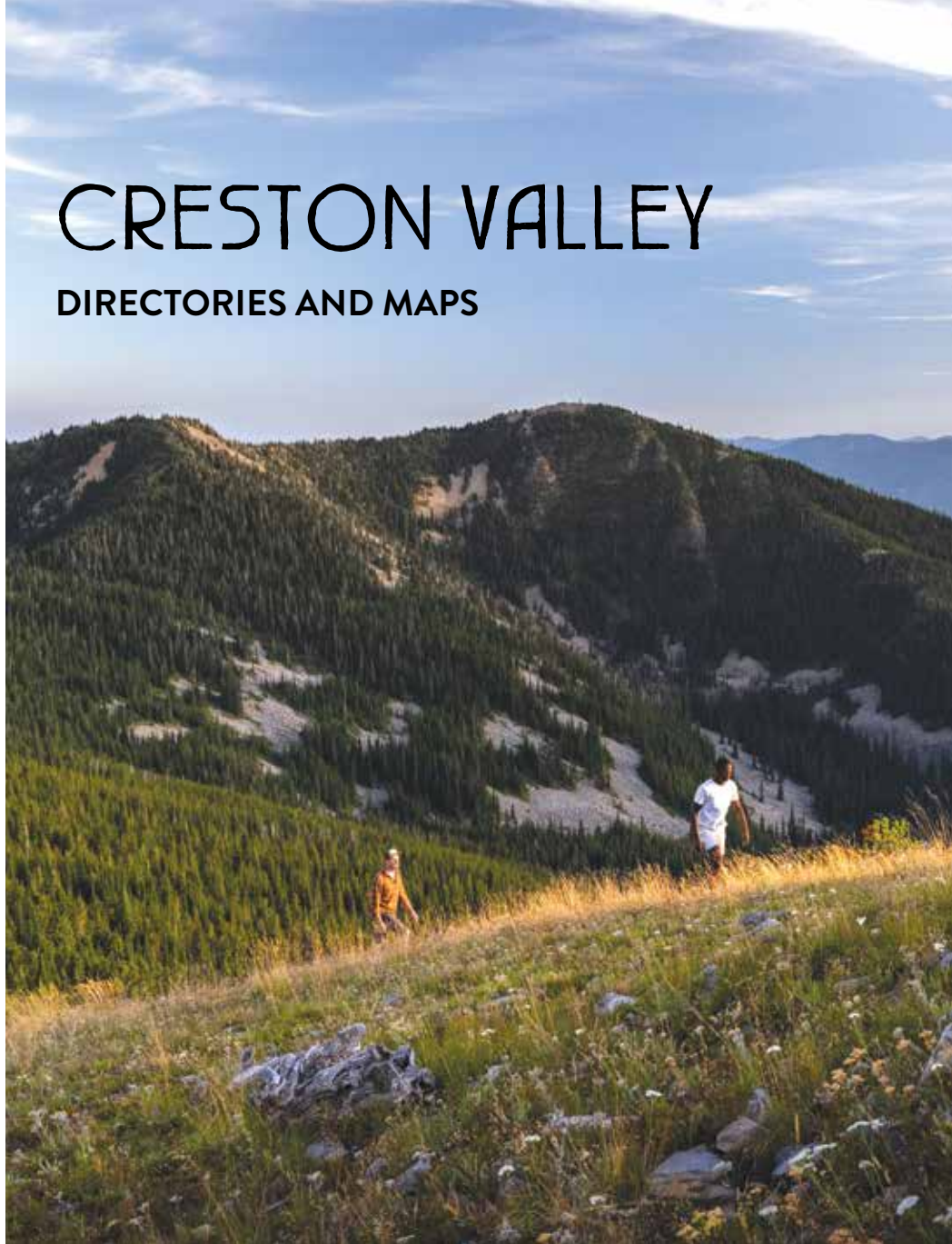


- **GOAT RIVER PARK**
Activities: Swimming, Fishing
Season: Spring, Summer, Fall
- **KUSKANOOK HARBOUR REST AREA & BEACH**
Activities: Swimming
Season: Summer, Fall
- **TWIN BAYS BEACH**
Activities: Swimming
Season: Spring, Summer, Fall
- **MACKIE BEACH PARK**
Activities: Swimming
Season: Spring, Summer, Fall
- **BOAT LAUNCHES**
KOOTENAY RIVER OLD FERRY LANDING LAUNCH
1410 Kootenay River Rd, Creston
Activities: Boating, Canoeing, Kayaking, SUPing, and Fishing
Season: Spring, Summer, Fall
- **CVMA KOOTENAY RIVER LAUNCH**
Duck Lake Rd, Wynndel
Activities: Boating, Canoeing, Kayaking, and Fishing
Season: Spring, Summer, Fall
- **CVWMA DUCK LAKE CHANNEL ROAD LAUNCH**
Channel Rd, Wynndel
Activities: Canoeing, Kayaking, Fishing
Season: Spring, Summer
- **CVWMA DUCK LAKE SIRDAR LAUNCH**
Highway 3-A, Sirdar
Activities: Boating, Canoeing, Kayaking, Fishing
Season: Spring, Summer, Fall
- **KUSKANOOK HARBOUR BOAT LAUNCH & MARINA**
9353 Highway 3A, Kuskanook
Activities: Boating, Canoeing, Kayaking, SUPing, and Fishing
Season: Spring, Summer, Fall
- **BOSWELL PUBLIC BOAT LAUNCH**
Hwy 3A, Boswell, BC
Activities: Boating, Fishing
Season: Spring, Summer, Fall



CRESTON VALLEY

DIRECTORIES AND MAPS



Gain perspective of the Creston Valley and easily find the amenities, locations and facilities you're looking for during your stay through this detailed map and directory.

For detailed information on trails in the area pick up a copy of the **Creston Valley Trail Map**, available at the Visitor Centre and other locations around the area.

You'll also find more information and resources at explorecrestonvalley.com



Creston Downtown Map

LEGEND

- Visitor Services** (Blue question mark icon)
- Public Parking** (Blue 'P' icon)
- Public Washrooms** (Blue icon with two figures)
- Emergency Services** (Red cross icon)

EMERGENCY SERVICES

- CRESTON VALLEY HOSPITAL**
312 15th Ave, Creston
250-428-2286
- CRESTON RCMP DETACHMENT**
421 16 Ave S, Creston
250-428-9313

VISITOR SERVICES

- CRESTON VALLEY VISITOR CENTRE**
121 Northwest Blvd,
Open Year Round, 250-423-4342

PUBLIC PARKING

- TOWN OF CRESTON PARKING LOT**
1015 Cook Street, Creston
- TOWN OF CRESTON RV PARKING AND SANI-DUMP**
215 16th Ave S, Creston
Street parking in the Town of Creston is free.

PUBLIC WASHROOMS

- TOWN OF CRESTON PUBLIC WASHROOM**
1130 Canyon Street, Creston
- CRESTON VALLEY VISITOR CENTRE**
121 Northwest Boulevard, Creston

STREETS

Northwest Blvd. (Main thoroughfare running north-south)

Other Streets: Collis St, Helen St, Payne St, 10 Ave N, Hilton St, Devon St, Cavell St, Ibbotson St, Regina St, Murdoch St, Hillside St, Alder St, Hurl St, McLaren St, Dale St, 16 Ave N, 20 Ave N, 22 Ave N, 23 Ave N, 26 Ave N, 27 Ave N, Crawford St, 20 Ave S, 25 Ave S, 27 Ave S, Connel Rd, Erickson Rd, 16 Ave S, 11 Ave S, 6 Ave S, 8 Ave S, 9 Ave S, 5 Ave S, 4 Ave S, 3 Ave S, Dugan St, Cedar St, Birch St, Ash St, Dogwood St, Elm St, Cedar St, Birch St, Ash St, Cook St, Pine St, Vancouver St, 9 Ave N, Canyon St, 6 Ave N, 5 Ave N, 4 Ave N, Selkirk Dr, Valleyview Dr, Hood Rd, Kootenay River Rd, Davis Rd, Hurry Rd, Goat River Rd S, 6 Ave S.

LANDMARKS AND PARKS

- CRESTON DOG & BMX PARK**
- MILLENNIUM PARK**
- RCMP DETACHMENT**
- CENTENNIAL PARK**
- GOAT RIVER PARK**
- CRESTON & DISTRICT COMMUNITY COMPLEX**

WATER BODIES

- GOAT RIVER**
- KOOTENAY RIVER**

ROADS

- Highway 3** (North to Kootenay Pass, South to Wynnndel)
- Highway 21** (North to Kootenay Pass, South to Wynnndel)

Creston Area Map

LEGEND

- HIKING AREAS & TRAILS
- COMMUNITY PARKS & FACILITIES
- PROVINCIAL PARKS & WILDERNESS AREAS
- BEACHES & SWIMMING SPOTS
- BOAT LAUNCHES
- CRESTON VALLEY WILDLIFE MANAGEMENT AREA BOUNDARY (CVWMA)

Map Labels:

- Mackie Bay Beach
- Boswell Boat Launch
- Twin Bays Beach
- Kootenay Lake
- Duck Lake
- CVWMA Duck Lake Sirdar Boat Launch
- CVWMA Duck Lake Gchannel Rd Launch
- Kootenay River
- CVWMA Kootenay River Launch
- WYNNDEN
- GOAT (ARROW) MOUNTAIN
- CRESTON
- MT THOMPSON
- CANYON
- ERICKSON
- Canyon Community Park
- Old Ferry Landing Boat Launch
- GOAT RIVER
- LOWER KOOTENAY BAND
- LISTER
- Lister Park
- PORTELL BORDER CROSSING
- TO BONNER'S FERRY, IDAHO
- STAGLEAP PROVINCIAL PARK
- YAHK-KINGSGATE Community Hall & Park
- YAHK PROVINCIAL PARK
- MOYIE RIVER
- YAHK
- TO BONNERS FERRY, IDAHO
- KINGSGATE BORDER CROSSING
- UNITED STATES



CRESTON & DISTRICT COMMUNITY COMPLEX HEALTH AND WELLNESS FACILITY



Something for everyone!

INDOOR FEATURES

- Fitness Centre with Indoor Track
- Aquatic Centre
 - Lap & Leisure Pools
 - Lazy River
 - Hot Tub
 - Steam Room
- Hockey Arena & Curling Rink
- Meeting & Banquet Rooms
- Physiotherapy Clinic
- Concession

OUTDOOR FEATURES

- Baseball & Soccer Fields
- Children's Playground
- Skatepark
- Pickleball, Beach Volleyball & Basketball Courts
- Horseshoe Pits



**Creston & District
Community Complex**



EVENT CALENDAR ANNUAL EVENTS NOT TO MISS!

FEBRUARY

WOMEN'S VALENTINE'S BONSPIEL
@ Creston & District Community Complex. Second weekend of February.
crestoncurling.com

MARCH

MEN'S BUTTERFLY BONSPIEL
@ Creston & District Community Complex. First weekend of March. crestoncurling.com

MAY

CRESTON VALLEY BIRD FESTIVAL
Second weekend of May.
wildsight.ca/branches/creston-valley

CRESTON VALLEY BLOSSOM FESTIVAL

Third weekend of May. blossomfestival.ca

JUNE

CRESTON KOOTENAY LAKE GRAN FONDO

Saturday, June 18.
crestonkootenaylakegranfondo.com

JUST 'TRI' IT! TRIATHLON

@ Creston & District Community Complex
First Saturday in June. rdck.ca/recreation

JULY

CANADA DAY CELEBRATIONS

July 1

SEPTEMBER

BLUE HERON HALF MARATHON –
Sunday, September 25. crestonmarathon.ca

CRESTON VALLEY FALL FAIR

@ Creston & District Community Complex
First weekend of September.
crestonvalleyfair.com

NOVEMBER

CRESTON CHRISTMAS ART AND CRAFT FAIR

@ Creston & District Rec Complex. 3rd Sunday of November.
crestonvalleyartscouncil.ca

DECEMBER

CRESTON VALLEY WINTERFEST – First
Saturday of December, Downtown Creston

CRESTON VALLEY FARMERS' MARKET

OUTDOOR FARMERS' MARKET

@ beside Creston Valley Visitor Centre.
Saturdays, May - October

INDOOR FARMERS' MARKET

@ Creston & District Community Complex. Once a month Saturdays,
November - April



312—19th Ave. N., Creston, BC
Tel: 250.428-7127 | crestonrec@rdck.bc.ca
rdck.ca/recreation



SHOP LOCAL FINDS

PERUSING the local boutiques and artisan shops throughout the Creston Valley is truly a unique experience.

Not only because of what's on offer, but because it takes place in such a beautiful location with stunning views in every direction. Because between shops you'll find warm and cozy cafés to enjoy a cup of tea or coffee. Because once you're finished, you can enjoy a farm to table meal at a local pub or restaurant while sharing the great finds from the day and the amazing items you'll bring home to enjoy.

The experience of shopping in the Creston Valley is truly as unique as perusing the one-of-a-kind shops, boutiques and artisan studios. Enjoy!



an eclectic boutique for a unique shopping experience.

curated pre-loved clothing, vintage kitsch and local handmade creations.



1132 Canyon St. Creston / pageboythestudio.com / Monday 11-4 / Tuesday-Saturday 10-5



WHAT THE
LOCALS SAY



DENISE LOUIE AND JANINE BASIL

Legend Logos

WE opened our retail store, Legend Logos in 2004 after being a home-based business that travelled to pow-wows and Indigenous conferences to sell our wares, mostly moccasins and jewelry at that time. There are always challenges and changing times in retail, but for the most part it is a lot of fun. The best part of our experience has been meeting people and listening to their journeys. We literally have people from all over the world visit us, alongside the strong support from our local community. Many people return to our place to reconnect with us and if we can share a bit of our culture or traditional teachings with others, we are happy to do so to build this bridge of connection.

COVID-19 hit tourism (which is connected to retail) in a very negative way. We combatted this by launching a website (legendlogos.ca) to allow continued access for retail sales. To partially replace our Legend Lake Tours, we provided virtual tours and document some of the teachings of the Flatbow Kutenai. Our new venture – **LEGEND Truths** – is a network channel on Public Place Network which allows

global streaming of our videos and content. This channel allows interested people and groups to view "Voices of the Ancestors- Teachings of the Flatbow Kutenai," "Yeuke'kam," "Wolf and Two Point Buck," and recordings being worked on. We also plan to encourage others to post videos of the special sites in the Kootenays as well as on Indigenous Tourism. The goal is to host a full spectrum of videos for people interested in our teachings, songs, traditions and news stories. thepublicplace.online/en/channel/legend-truths.8189

Q. One thing that surprises people about the Creston Valley is... how the Yaqaan Nuki legends are reflected in the geography.

Q. My favourite time of year here is... spring because the birds are singing again.

Q. Don't leave the Creston Valley without... stopping at Legend Logos to say hi!

Q. In my opinion, the best place to watch the sunset is... from any location on Kootenay Lake.

modern  alchemy

PUBLIC
VINYL

CRESTON'S NEWEST LIFESTYLES STORE

unique, artisan made decor, jewelry, gifts, games,
candles, stationary, plants, clothing, hats, childrens
goods and pottery.

modernalchemystore.com



for the love of music & people
new & used vinyl, turntables, speakers,
books & gifts | new stock arriving everyday

follow us for new vinyl releases



Both stores located at 1016 Canyon Street, Creston, BC | 250-428-0105

Lavender
& *Lace*

Special candles for special occasions.
From weddings to parties to just relaxing stress free.

Call us for all your
candle needs.

250-254-9999

Sales@littlecandlefactory.net
Littlecandlefactory.net



Visit Our Store At 1013 Canyon St Creston BC




GIFT BASKETS
and loose-leaf teas
by TIGZ DESIGNS



Store Hours
Tues – Sat
10am – 5pm

Call Us
250-402-3871
or 250-402-8716

Visit Our Website
TIGZDESIGNS.COM

SHOP
LOCAL FINDS



SHOPS AND BOUTIQUES

These locally owned shops and boutiques offer one-of-a-kind treasures, including books, clothing, crafts and more. **Fly in the Fibre** offers an eclectic collection of houseware, art, gifts, wools and fibre, while at **Page Boy Studio** you'll find a curated collection of new and vintage clothing. Make sure to visit **Modern Alchemy and Public Vinyl**, which has an amazing collection of home décor items, clothing, books and of course, records. If you're into tea (who isn't?) pop across the street to **Tigz Teas** for locally blended and gift box options. Finally, finish the shopping frenzy with a visit to **Legend Logos** to peruse their collection of Indigenous gifts made by First Nations' owned companies, including blankets, moccasins, and clothing. If you have the kids (or left them at home) then pop by **Creston Card and Stationery** to visit **Toyland** and pick out a great gift for them!



ARTISANS

From potters to soap makers to painters and more, there are also numerous artisan studios in the area that provide a glimpse of the creative process and the opportunity to purchase a little something special to remember your trip by. **Yahk Soap and Candle Co.** is the perfect example, which has an extensive and popular collection of home-made bath bombs, soaps, candles and skincare products.





FOOD AND BEVERAGE

FRESH NEVER TASTED SO GOOD

THE people who live in the Creston Valley have a connection and appreciation for the land, what seems like an intrinsic understanding of the climate, and an affection for fresh and wholesome food and products.

Varietals of grapes, farm fresh honey, fields of flowers, orchards of cherries, apples and plums, the world's best honey. All of these and more are right here, not only providing the best opportunity for shopping and eating local, but also creating partnerships between growers and producers and restaurants and cafés. Expect your tastebuds to be awed when in the Creston Valley, and make sure to create some room in your luggage and vehicle for the goodies you are sure to be taking home.

FAMOUS FRITZ

MEATS & DELI

Meat, the way it should be.

1420 Northwest Blvd, Creston, BC · 250-428-9055 · famousfritz.ca · Open Tuesday to Saturday



WHAT THE
LOCALS SAY



CRAIG AND LISA WOOD

Wild North Brewing

WE decided to start Wild North Brewing Company mainly for our love of beer, but also because of the passion and belief in our community. We felt there was a void in the community, and we were hoping to fill it by creating a space that provides truly local beer with a welcoming taproom that is inviting to all walks of life.

Over the last while there seems to be a focus on supporting local whenever possible. This was one of the reasons we felt the Creston Valley was 'ready' for us. As a group we are all passionate about our community and recently have seen it evolve in ways of growth and diversity. There are new families that are relocating to our smaller community to get away from busy city living. As Creston Valley locals we have seen this change firsthand. It's exciting to see the growth within our small town, and it inspires us to provide a great product and space that we are proud of.

The most enjoyable part of owning and operating Wild North Brewing Company is serving our customers. We both love the sense of community that we feel whenever we have people through the doors, thoroughly enjoying the people part of the business, the beer is just a bonus. We are however very proud to be providing locally

brewed craft beers, with ingredients sourced as close to the Kootenays as we can.

We hope to continue to partner with local wineries, restaurants and pubs to encourage people to either relocate to Creston or at least come for a visit. This is an amazing valley with so much to offer and we hope other entrepreneurs choose to invest in it so it can continue to become a must-see destination.

Q. One thing that surprises people about the Creston Valley is... how welcoming the community is. We hear all the time that, 'people here are so friendly.'

Q. My favourite time of year here is... summer because of the abundance of things to do in the Valley. It also showcases the agriculture side of the valley - everything from vegetables to orchards, vineyards to dairy and beef.

Q. Don't leave the Creston Valley without... a visit to Wild North Brewing or one of the four local wineries. We really do have so much to offer.

Q. In my opinion, the best place to watch the sunset is... in a boat on the middle of Kootenay Lake, the next best is from the beach at Twin Bays on Kootenay Lake.



Tasting Room Open

Easter to May Long Weekend:
Thursday to Sunday, 11am - 5pm
May Long Weekend until Thanksgiving:
Open Daily, 11am - 5pm

Come visit the Baillie-Grohman Estate Winery!

Experience a tasting with our knowledgeable staff, stay for a drink, enjoy the views and a bite from our menu



Photo credit: Wines of BC

1140 27th Ave South, Creston, BC | 250-428-8768 | www.bailliegrohman.com

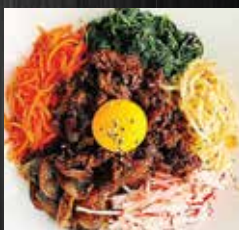


BASASAK

250-431-8642

OPEN HOURS
MON - SAT

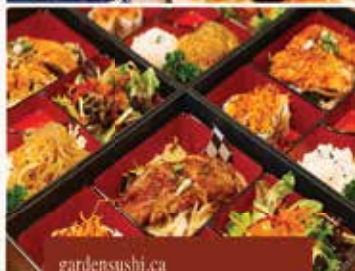
Lunch 11:30 a.m - 2:30 p.m
Dinner 4:00 p.m - 9 p.m



* FLAVORED CHICKEN
- HALF (5PCS) / FULL (10 PCS)
- BONELESS
- TENDER
- WINGS
* BULGOGI POUTINE

* CHICKEN & BEEF BURGERS
* SALAD
* CHI-BOB (CHICKEN & RICE)
* CEASER WRAP
* BULGOGI BIBIM-BOB
* BULGOGI BIBIM MYEON
* CHICKEN NEST

Japanese cuisine
SUSHI GARDEN & Grill



gardensushi.ca
800 NORTHWEST BLVD
250.428.2324



FOOD AND BEVERAGE MARKETS, FARMS AND ORCHARDS

FROM Erickson to Lister, the Creston Valley has numerous farms and orchards dedicated to growing beautifully fresh produce. Many have stores, allowing you to purchase some of their products, or offer tours... even the opportunity for you to pick fruit yourself!

As you drive along Highway 3, you'll find many local food markets stocked with **Creston's famous fruit and vegetables**, including cherries, apples, pumpkins and so much more! Alternatively take a scenic drive through Lister's rolling hills and farm fields to visit the **Kootenay Meadows Fromagerie** to pick up some of their award-winning organic cheese and milk. In town, you'll definitely want to visit **Fritz's Butcher** and sample some of the finest butchered meats in the Kootenays.

With a more than adequately stocked fridge, consider visiting the local boutique

greenhouses, nurseries and flower farms, helping you brighten your home and your exterior landscaping.

If you happen to be here on a Saturday, you will be able to peruse all of this freshness at the award-winning **Creston Valley Farmers' Market**, held downtown adjacent to the Visitor Centre between May to October. They also host a **monthly indoor market** at the Rec Complex on varying Saturdays between November and March. To check their schedule visit crestonvalleyfoodaction.ca




MAY JUNE JULY AUGUST SEPTEMBER OCTOBER

Asparagus	Strawberries	Apricots	Peaches	Bartlett Pear	Baldwin Apples
	GARLIC	CORN	Plums	Apples Spartan	
		Cherries	Tomatoes	Honeycrisp Apples	
		CARROTS	PEAS	SQUASH	
		Raspberries	Potatoes	Pumpkins	
		BLACKBERRIES	PICKLING CUKES	Apples Macintosh	Apples Delicious
		Apples Transparent	Italian Prunes	GRAPES	
		Peppers	Apples Sunrise	Ambrosia Apples	
		BLUEBERRIES	TABLE CUKES	D'Anjou Pear	

Check out this handy chart to see when your favourite fruit or vegetable is in season. **TIP:** Harvests vary depending on conditions, so ask a local for what's fresh!





250-428-4911 | 1218 27 Ave S., Creston BC | skimmerhorn.ca  



Award Winning Pub...
Just South of the Grain Elevators

Take-out or Dine-in
Visit kokaneepub.com for menus

123 9 Ave S. Creston, BC
250-428-4241  




Come visit our organic, grass-based family farm which is the home of Kootenay Meadows, glass bottled milk and artisanal cheeses.

- self guided tour
- meet the cows
- see the milking robots!
- try our cheeses
- new products coming soon!



KOOTENAY MEADOWS 3071 16th St. Creston | **Summer Hours:** Wednesday to Saturday, 10 am - 4 pm



FOOD AND BEVERAGE

WINERIES, BREWERIES AND DISTILLERIES

NOT surprisingly with such a wonderful climate conducive to growing fruits and vegetables, the Creston Valley has attracted vignerons who have developed a number of exceptional vineyards.

Creston has become a popular destination for those interested in wine, who can tour the vineyards and explore the spectacular selection of wines, while enjoying the beautiful landscape. These include the award-winning **Baillie-Grohman Estate Winery**, **Red Bird Estate Winery**, **Skimmerhorn Winery** and **Wynnwood Cellars Estate Winery**.

Like many other BC communities, craft distillers and brewers have found the Creston Valley. In Wynnwood you'll find **Wynnwood Craft Distillers**, turning the best local fruit into the best local spirits, and in Creston **Wild North**

Brewing Co. which produces a core lineup of beer as well as seasonals using local fruit! And of course don't forget that Creston is also the home of **Columbia Brewery** and the birthplace of Kokanee Beer!

Want to sample all the local flavours? You're in luck. Pick up a copy of the **Creston Libations Tour Passport** from any of these six wineries, breweries or distilleries and get a stamp for each that you visit. Fill out the passport and then enter the monthly draw for gift cards and other great prizes from all of them!

THINGS TO DO



- **BAILLIE-GROHMAN ESTATE WINERY**
Wine Tastings
May - long Weekend until Mid-October
Book by Appointment bailliegrohman.com
- **SKIMMERHORN WINERY**
Wine Tastings
May - October
Book by Appointment. skimmerhorn.ca
- **COLUMBIA BREWERY**
Guided Brewery Tours
June - September
Book by Appointment 250-428-9344
- **WILD NORTH BREWING CO.**
Beer Tastings and Events
Year Round
wildnorthbrewery.ca
- **REDBIRD ESTATE WINERY**
Wine Tastings, May - October
Book by Appointment. redbirdwine.com
- **WYNNWOOD ESTATE WINERY**
Wine Tastings
May - October
Book By Appointment. 250-866-5155



7 craft beer taps • cold beer to go
selection of local wines & cider
take-out food is welcome

OPEN DAILY • wildnorthbrewery.ca
250-431-8624
125 16th Ave N. Creston BC

EXPERIENCE CRESTON'S
CRAFT BEER CULTURE



Situated in the heart of Creston's orchards
and only minutes to downtown.



3205 BC-3, Creston, BC
250-428-9935
bavarianmotel.ca
bavarianorchardmotel01@yahoo.com

Sparkling Clean • Air Conditioned • Cable TV, Free WiFi
One or Two Bedroom Suites, Some with Private Deck
• Non-Smoking • No Pets • Daily housekeeping

River's Edge Ranch RV Park

250-254-9999
Riversedge_19@outlook.com
RiversEdgeRanchRV.com
8623 Hwy 3/95, Yahk, BC

*At the intersection of comfort and
convenience lies River's Edge Ranch RV Park*



Numerous amenities and services • WiFi • impeccable accommodations



**More than just a
Convenience Store!**

Gourmet Hot Dogs on Fridays & Saturdays
Taco-in-a-Bag Tuesdays • Full Deli
Made fresh Sandwiches • Pizzas to order
(baked in store or take 'n' bake)
Liquor • Tobacco • Lotto



OPEN DAILY 8am - 9pm • 4493 Canyon Lister Rd. • Canyon, BC • 250-428-8771



FOOD AND BEVERAGE RESTAURANTS



AS an area known for growing exceptional food, it shouldn't be surprising to find so many establishments creating exceptional cuisine!

From a casual café to an up-beat pub, a quick food stop to a gourmet restaurant, it's all available here with many using locally grown produce, locally made sausages and meats, and serving locally produced wines, spirits and beer.

For a quick snack or when you're keen on a coffee and delicious boost or treat, consider hitting up the **Simply Raw Juice Bar** or **Buffalo Trails Coffee House**. When you're looking for a little something to satisfy the tastebuds (and you adore goats on roofs) head to Yahk to **Two-Scoop Steve's** for yummy ice cream and sandwiches - you won't be disappointed.

There are many dine-in restaurants, pubs and bars as well, catering to all palettes and appetites. Indian, sushi, burgers and fine dining are on the table, with almost too much on offer to make a selection.

Local favourite's include the iconic and cozy **Kokanee Pub** and **Jimmy's Pub**, with an extensive list of beer on tap, oven-baked pizzas, popular burgers and outdoor patio. The **Frisky Whisky** is also a must, with a speak-easy theme, busy brunches, signature cocktails and a late-night taste on the town.

Visit the restaurant directory in this guide for the full list of what's on offer or visit explorecrestonvalley.com/eat.

FRISKY WHISKY - 1920's Style Cocktails & Kitchen

Check out Facebook or our website for our menu and upcoming live music.



1117B Canyon St. Creston BC
250-431-9189

friskywhiskycreston@gmail.com
www.friskywhisky.club



FRISKY WHISKY
Cocktails & Kitchen

- Sunday Brunch
- Over 50 Custom Cocktails
- Full Lunch & Dinner Menu
- Family Dining Area

RESTAURANT GUIDE

	MEAL	LICENSED	FAMILY FRIENDLY	WIFI		PATIO	GF/V OPTIONS
DINING							
BASASAK CHICKEN 800 NW Blvd, Creston 250-431-8642	L, D	✓	✓		✓		
CHATKA FAMILY RESTAURANT 2808 Hwy 3, Erickson 250-428-7200	L, D		✓		✓	✓	
CLUB CAFÉ 1015 Canyon St, Creston 250-428-2033	L, D		✓		✓		
CRESTON GOLF CLUB RESTAURANT 1800 Mallory Rd, Lister 250-428-5515	L, D	✓			✓	✓	
FRISKY WHISKY COCKTAILS & KITCHEN 1117-B Canyon St, Creston 250-431-9189	L, D	✓	✓	✓	✓		✓
I & J FUSION 11-1000 NW Blvd, Creston 236-532-2075	L, D		✓		✓		
JIMMY'S PUB & GRILL 1418 Canyon St, Creston 250-428-2225	L, D	✓		✓	✓	✓	✓
KOKANEE INN PUB 123 9th Ave S, Creston 250-428-4241	L, D	✓			✓	✓	
MEMORIES OF INDIAN CUISINE 1403 Canyon St, Creston. 250-428-7713	L, D	✓	✓	✓	✓	✓	✓
REAL FOOD CAFÉ 223 10th Ave N, Creston 250-428-8882	L, D	✓	✓		✓	✓	✓
RED FIN SUSHI & GRILL 800 NW Blvd, Creston 250-428-4644	L, D	✓	✓	✓	✓		✓
RETRO CAFÉ 1431 NW Blvd, Creston 250- 428-2726	B, L		✓		✓		✓
RICK'S IRON KETTLE 1420 Northwest Blvd, Creston 250-428-7425	B, L		✓		✓	✓	
RICKY'S ALL DAY GRILL 1809 Northwest Blvd, Creston 250-428-8826	B, L, D	✓	✓	✓	✓	✓	✓
SIRDAR STATION PUB Hwy 3-A, Sirdar 250-949-0840	L, D	✓			✓		
SUN R RESTAURANT 1510 Canyon St, Creston 250-428-2414	L, D	✓	✓		✓		
SUSHI GARDEN & GRILL 800 NW Boulevard, Creston 250-428-2324	L, D	✓	✓		✓		✓
TIM'S FISH & CHIPS 1108 NW Blvd, Creston 250-428-4008	L, D		✓		✓	✓	
WEE GRILL 635 Highway 21, Creston 250-431-9183	L, D		✓		✓	✓	



Red Bird
Estate Winery

Visit our Tasting Room to try our award winning, small batch, artisan wines.

Open 7 days a week starting May Long Weekend, 11am to 5pm.



1046 Lamont Rd, Creston BC
250-254-8885 • redbirdwine.com

 @redbirdestate
 Red Bird Estate Winery

B: Breakfast • L: Lunch • D: Dinner
GF: Gluten Free options • V: Vegan options

	MEAL	LICENSED	FAMILY FRIENDLY	WIFI		PATIO	GF/V OPTIONS
COFFEE & SNACKS							
BLACKBEAR BOOKS 1229B Canyon St, Creston 250-428-2711	B, L		✓	✓	✓		
BLACKSTONE CAFÉ 1521 Cook St, Creston 250-428-0631	B, L		✓			✓	
BUFFALO TRAILS COFFEE 1417 Canyon St, Creston 250-428-5730	B, L	✓	✓	✓	✓	✓	
CRESTON VALLEY BAKERY 113 10th Ave N, Creston 250-428-2661	B, L	✓	✓		✓	✓	
FLY IN THE FIBRE & SIMPLY RAW 139 10th Ave. N, Creston 250-402-6072	B, L		✓	✓			✓
GOLDEN FLOUR BAKERY 1025 Canyon St, Creston 250-428-9345	B, L		✓		✓		✓
GOOD COMPANY COFFEE 1132 27 Ave S, Creston, BC 250-977-1306	B, L		✓			✓	✓
THE MOUNTAIN BARN 2706 BC-3A, Wynndel 250-866-0063	B, L		✓		✓	✓	
TWO SCOOP STEVE'S & YAHK MTN. CAFÉ 8707 Johnson Road, Yahk 250-424-5166	L		✓			✓	
FAST FOOD							
A&W 916 Northwest Blvd, Creston 250-428-4849	B, L, D		✓		✓	✓	✓
DAIRY QUEEN 1804 Canyon St, Creston 250-428-9800	L, D		✓			✓	✓
PANAGO PIZZA 1029 Canyon St, Creston 1-866-310-0001	L, D		✓		✓		✓
SUBWAY 1415 Canyon St, Creston 250-428-5292	B, L, D		✓		✓		
TIM HORTONS 300 Helen St, Creston 250-402-0062	B, L, D		✓	✓	✓		
WAREHOUSE PIZZA 1335 NW Blvd, Creston 250-428-0069	L, D		✓		✓		✓



WYNNDEL CRAFT DISTILLERIES

Come by and experience our Award Winning Spirits

Tasting Room Hours:
Mon-Fri, 10-5pm and Sat-Sun, 12-5pm
Winter hours may vary

1331 Channel Rd, Wynndel, BC
250-866-5226/250-428-1764
wynndelcraftdistilleries.ca





Duck Lake Saskatoon Farm



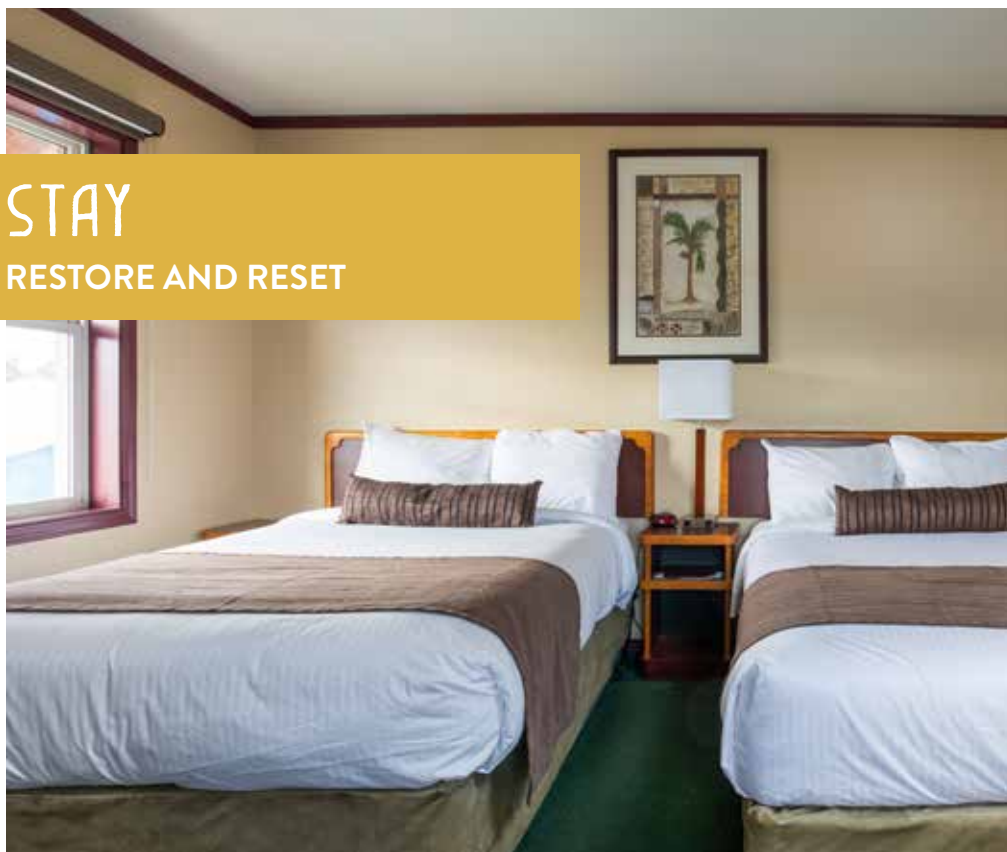
Enjoy the sunshine in our u-pick orchard. Berries mature in early summer.

1331 Channel Rd, Wynndel, BC
250-866-5226



STAY

RESTORE AND RESET



YOUR time here begins with this – selecting the accommodation best suited to you. Fortunately, Creston has a variety of options. From the privacy and coziness of a bed and breakfast, to the locally owned motel. From the large hotel with all the amenities, to the cute option in the heart of downtown minutes from shops, nightlife and cafés. Whatever you decide, we know it will be perfectly suited to you and your time in the Creston Valley.

HOTELS AND MOTELS

The Motels and Inns are cute and affordable, perfect for those travelling with pets or for parking large vehicles. For a restful night, consider the orchards of Erickson and the quaint **Bavarian Orchard Inn** which includes a secluded area to relax amongst the cherry trees out back. Closer to town, consider the **Valley View Motel** and its cabin-like units that look over the Creston Valley.

There are a few excellent hotel options in Creston for those in need of a relaxing and restful stay. Located in the heart of downtown Creston, the **Creston Hotel & Suites** offers convenience and comfort, with a number of rooms to choose from including suites with kitchenettes.

B&Bs

Bed and Breakfasts seem to suit the mood of the Creston Valley, and there are options available for those seeking more privacy and personality – perfect for the couple on a getaway!

RV PARKS AND CAMPGROUNDS

And let's not forget the RV Parks and Campgrounds. If you're on a road trip and looking for somewhere to park, there are numerous options for all sizes of trailers as well as tents for those keen to sleep under the stars.

Make sure to look over the inclusive Accommodation Guide to help you in your search or visit explorecrestonvalley.com/stay for more details. We look forward to seeing you soon!



WHAT THE LOCALS SAY

GILLIAN KEMLE AND GLENDAN LAWRENCE

Valleyview Motel

WE both are born and raised in the Creston Valley and have enjoyed watching how it has grown into a thriving community with more young people and families bringing amazing ideas and businesses to the community.

We saw an opportunity to be involved in the growth in the Valley, so we made a transition from real estate into owning a boutique Motel. Teaming up with The Venue, we are in the process of building an outdoor stage for live music and performances. We also started Creston Valley Tour Co. to showcase what Creston has to offer. We are also creating Nature Stays where people have an alternative experience in cabins with mature cedars towering overhead and beautiful views of the Valley.

We both have enjoyed meeting the most incredible people, some moving to the Valley or coming to work, bikers on their way through and families coming for a visit. Over the last couple of years, we have noticed the support of British Columbians and Canadians exploring our country. We look forward to more international travellers discovering Creston.

It has been great running a small business, allowing us to meet and collaborate with other businesses and people in the valley.

Everyone is happy and excited to get involved with projects, events and ideas. There is great potential here and we look forward to being part of it.

Q. One thing that surprises people about the Creston Valley is... that we have the Creston Valley Wildlife Management Area. It's 17,000 acres and is an internationally recognized Ramsar site. Some people travel from all over the world just to see it and birdwatch... but many have no idea!

Q. My favourite time of year here is... all of them, because Creston is truly a four-season destination and we hope to grow tourism year-round.















































Q. Don't leave the Creston Valley without... a bite at Buffalo Trails, a beer at Wild North Brewery, checking out the amazing farmers' market that showcases many of the talented local artisans and farmers and popping into Modern Alchemy, or take a tour with Creston Valley Tour Co. and see it all.

Q. In my opinion, the best place to watch the sunset is... from our front yard! Come on by and check it out.

ACCOMMODATION GUIDE

ACCOMMODATION LEGEND











































































							
Kitchen	Pet-friendly	Breakfast	Restaurant	Wheelchair	Hottub	Outdoor Patio	Gym

HOTELS, MOTELS & INNS (EAST TO WEST)	AMENITIES	ROOMS
YAHK MOTEL & CAMPGROUND 8769 Highway 3 250-424-5556 Yahkmotel.com	   	8
BAVARIAN ORCHARD 3205 Hwy 3, Erickson 250-428-9935 bavarianmotel.ca	  	11
SKIMMERHORN INN 2711 Hwy 3, Erickson 250-428-4009 skimmerhorninn.ca	  	25
SUNSET MOTEL 2705 Hwy 3, Erickson 250-428-2229	   	24
CRESTON VALLEY MOTEL 1809 Canyon St, Creston 250-428-9823 crestonvalleymotel.com	  	13
CRESTON HOTEL & SUITES 1418 Canyon St, Creston 250-428-2225 crestonhotel.com	    	25
DOWNTOWNER MOTOR INN 1218 Canyon St, Creston 250-428-2238 downtownercreston.com	  	22
MAGNUSON HOTEL 800 Northwest Blvd, Creston 250-428-2224 magnusoncreston.com	    	52
VALLEY VIEW MOTEL 216 Valleyview Dr, Creston 250-428-2336 creston.valleyviewmotel.com	   	15
RAMADA CRESTON #1-1809 Hwy 3A, Creston 250-254-1111 wyndhamhotels.com/ramada/creston	     	71
B&BS & VACATION RENTALS		
WALNUT TREE GUEST SUITE 1906 Birch St, Creston 250-421-1906 Walnuttreesuite.com	  	1
BLACKTAIL RIDGE LODGE 5435 Cory Rd, Wynndel 250-866-5785 blacktailridge.wordpress.com	  	1

RV AND CAMPGROUNDS GUIDE

RV AND CAMPGROUND LEGEND

								
Full RV Serv.	Sani-Dump	Direct Water	Electricity	Campfires	Tent Sites	Washroom	Showers	Laundry

RV & CAMPGROUNDS (EAST TO WEST)	AMENITIES	SITES
HAY U RANCH 9432 Hwy 3, Yahk 250-464-1111 hayuranchrvresort.godaddysites.com	      	100
YAHK PROVINCIAL PARK CAMPGROUND 8440 Hwy 3, Yahk 250-422-3003 env.gov.bc.ca/bcparks/explore/parkpgs/yahk	  	26
YAHK MOTEL & CAMPGROUND 8769 Hwy 3, Yahk 250-424-5556 Yahkmotel.com	     	12
2 PUMP PAULS CAMPGROUND 8741 Hwy 3, Yahk 250-424-5454 2pumpauls.ca	      	18
RIVERS EDGE RANCH RV PARK 8623 BC-3, Yahk, BC 250-254-9999 riversedgeranchrv.com	      	18
MOUNTAIN PARK RESORT 4021 Hwy 3, Erickson 250-428-2954 mountainprk.com	       	43
CANYON PARK CAMPGROUND 4725 Samuelson Rd, Canyon 1 800-861-9850 www.canyonbc.ca	   	14
KOZY TENT & TRAILER PARK 3003 Hwy 3, Erickson 250-428-4143	       	28
SCOTTIES RV PARK & CAMPGROUND 1409 Erickson Rd, Creston 250-428-4256 www.scottiesrv.com	       	44
PAIR-A-DICE RV & CAMPGROUND 1322 Northwest Blvd, Creston 1 866-223-3423 pairadicepark.com	       	40
ARROW MTN. RV PARK 1809 Hwy 3-A, Creston 250-428-1882 arrowmountainrv.com	       	24



Come enjoy the beauty of camping in BC!

Fire Pits at every site • On the Goat River
Pet friendly • Hot showers • Playground
Open all year • Laundry facilities
RV & tent sites • Free WiFi
Well stocked store for all your camping needs!

4021 Highway 3 Erickson, BC • 1-877-428-2954 • 250-428-2954
mountainprk.com • mt_park@hotmail.com

 @mountainprk



GET INSPIRED

SUGGESTIONS FOR EVERYONE

THE Creston Valley has so much to offer, it can be overwhelming making decisions about what to do when here. Here are a few recommendations we hope inspire you during your stay!



1 FAMILY FUN

The Creston Valley is a fantastic place to vacation with the family. The **Community Complex** is sure to impress the little ones, especially its newly completed skateboard park. After everyone has worked up a sweat, head down to the splash park located in **Centennial Park** or consider a cool dip at the Goat River or at a beach on Kootenay Lake.

Visit the **Kootenay Columbia Discovery Centre** in the **Creston Valley Wildlife Management Area** and learn more about why this habitat is so important and unique. Alternatively, drop into the quirky **Creston Museum** to learn about the area's local history and travel back in time.



Don't forget to keep your energy up along the way! **Two Scoop Steve's** is just down the road in Yahk, with ice cream, smoothies and treats that will most definitely provide that needed boost. Check out the goats next door at the **Yahk Soap and Candle Co.**

Looking for some evening entertainment? Why not catch a movie at the **Tivoli Theatre**, a round of mini golf, or some five-pin bowling? Sure to entertain the whole crew!

Having worked up an appetite, everyone will enjoy Korean-style burgers and other tasty items at **Basasak Chicken**. After a fun-filled day, the comforts of the **Creston Hotel and Suites** will be appreciated, which includes large multi-bed units and kitchenettes perfect for families.



2 JUST THE TWO OF US

Increasingly popular for romantic getaways, couples are enjoying the variety on offer in the Creston Valley.

Start off the day at **Buffalo Trails Coffee House**, where you'll find an amazing Americano and a variety of breakfast and brunch options.

From there, consider a short but rewarding hike up to the lookout point on the **Iconic Balancing Rock Trail**, 3.4km round trip with 220m of elevation. Local secret: if you leave early, you could catch a stunning sunrise!

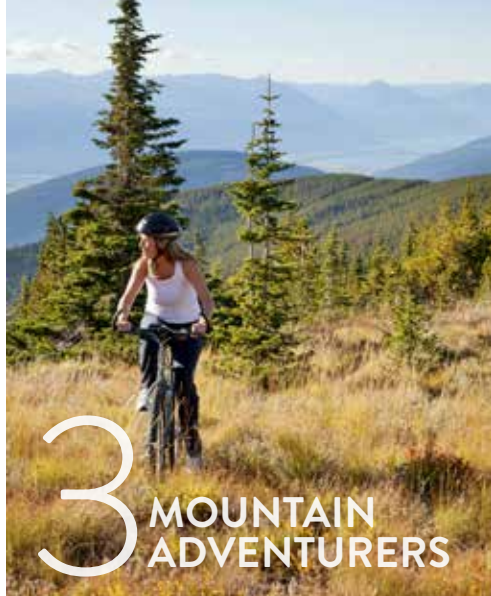
While in town, peruse the shops and gallery spaces in downtown Creston and treat yourself (or someone you left behind) with a keepsake from one of the many unique shops or artisan studios you visit.

If you happen to be here on a Saturday in summer you won't want to miss the bustling **Creston Valley Farmers' Market** in downtown Creston, full of local vendors, food trucks, and live music.

Now, it's definitely time for a wine tasting and maybe a charcuterie board at one of the three wineries in Erickson— you deserve it! Pairing the stunning views of the Purcells with delicious flavours is a wonderful moment to share with your special someone. If breweries are of interest, you don't want to miss **Wild North Brewing Company** en route home. With pop-up pizza nights and Wednesday night trivia nights, it's a popular pit stop.



Finally, unwind and relax after your day's exploration at one of the many cabins at the **Valley View Motel**, which offer a lot of privacy and stunning sunset views of the Valley floor.



For those who've brought trail runners or hiking boots, pack a bag with snacks and refreshments and head into the wilderness for the day on the **Haystack Mountain Trail** in Kianuko Provincial Park. If you have some energy to spare when you get back, try a round of disc golf at **Lister Park** where you'll find a new nine-hole course worth exploring.

In winter, the 30-minute drive up the Kootenay Pass to **Stagleap Provincial Park** is always worth it for some of the most epic slack-country ski touring available in the Kootenays. As always, check avalanche.ca for current conditions before heading out.

Cap off the adventures with some well-earned après dinner and drinks at the **Kokanee Pub, Jimmy's Bar & Grill** or the **Frisky Whisky Cocktail Bar** – the perfect way to celebrate after successful adventuring.

Finally, after a full day (or two), either the **Mountain Park Resort** or **Rivers' Edge Campground** would be the perfect spot to setup camp and sleep under the stars.

Creston is the perfect base camp for multi-day adventures in the mountains and on the water. For those keen to get after it, do it all and push themselves to the limits, this one is for you!

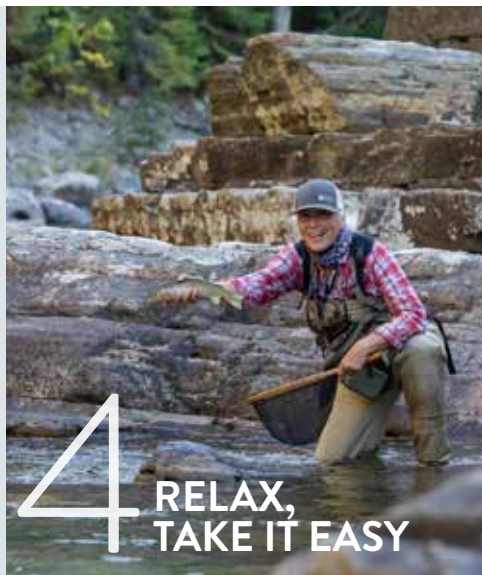
Get your fuel for the day with a freshly made and energizing smoothie from the **Simply Raw Juice Bar**. Revved for the adventure, hit the water on a kayak or on a SUP rented from **Creston Valley Tour Company** for a paddle along the Kootenay River or at the south end of Kootenay Lake.

If you're in need of a trip to help unwind and de-stress, look no further. Spend time in the Creston Valley, walking along boardwalks in the **Creston Valley Wildlife Management Area**, listening to the wildlife surrounding you and taking in the expansive valley views.

Fishing is also an opportunity to slow down the pace, with great spots along the Goat River or at Duck and Kootenay Lake.

Consider a **scenic bike ride** around Creston and Erickson, meandering through the many orchards and farms as you enjoy the wind in your hair. Alternatively stop in at **Kootenay Meadows Farms** or **Famous Fritz** to pick up delicious locally made cheese or artisanal meats to bring home with you.

Needing some deep relaxation? Check out the schedule at the **Yoga Room** or **Embody Movement Studio** to pick a class to attend and then finish it off with soak in the hot tub at the **Creston Valley Community Complex**.



Dinner at one of the many fantastic local restaurants like **Sushi Garden** will complete the experience, followed by a stay tucked in among the orchards of Erickson at the **Bavarian Orchards Motel**. Wake up rejuvenated and ready to peruse the many art studios and galleries with a fresh coffee as you begin yet another relaxing day in the Valley.



PLANNING YOUR TRIP

GETTING HERE

ONCE you've decided on when you're coming, what you're doing and where you're staying, there are still a few things to consider, from travel distances to local resources to ferry times. We hope this helps with the process.

GETTING HERE BY VEHICLE

Whether travelling by car, motorcycle or RV, the Creston Valley area has beautiful scenery and many must-do stops along the way, no matter which direction you are coming from.

HIGHWAY 3 FROM THE EAST

Creston and Yahk can be reached from Lethbridge, Fernie, and Cranbrook, via Crowsnest Highway 3 while Highway 95 junction at Cranbrook connects Calgary, Banff, Invermere and Golden. Cranbrook is also home to the Canadian Rockies International Airport, with daily flights from Vancouver and Calgary.

HIGHWAY 3 FROM THE WEST

Creston and Yahk can also be reached from Vancouver, Osoyoos, Castlegar and Nelson via Crowsnest Highway 3, with Highway 97 junction at Osoyoos connecting to Kelowna and the Okanagan.



HIGHWAY 3-A FROM THE NORTH

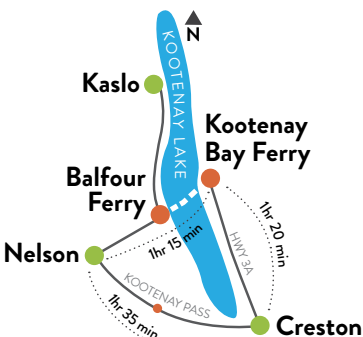
Creston can be reached from Naksusp, Kaslo and Nelson via Highway 3-A and Highway 31. At Balfour the free Kootenay Lake ferry crosses to Kootenay Bay on the east shore, where Highway 3-A continues to Creston.

IDAHO STATE HIGHWAY 1 & US 95 FROM THE SOUTH

Creston and Yahk can be reached from Spokane, Couer d'Alene, Sandpoint and Bonners Ferry via US 95. While US 95 continues on to Kingsgate and Yahk, the Idaho State Highway 1 junction north of Bonners Ferry connects to Creston.

GETTING HERE

FERRY AND BORDER INFORMATION



The **Kootenay Lake Ferry** is the longest free ferry ride in BC, crossing Kootenay Lake from Nelson and Kaslo to Kootenay Bay. From here Highway 3-A wanders south along the east shore of Kootenay Lake to Creston.

The drive between Creston and Kootenay Bay Ferry Terminal takes approximately one hour and 20 minutes. However, this is a windy two-lane road. Giving yourself additional time is recommended. RVs and other large vehicles should pull onto shoulder of the road to allow other vehicles to pass.

Vessel Name	Departure from Balfour Terminal		Departure from Kootenay Bay Terminal	
	SUMMER	WINTER	SUMMER	WINTER
Osprey 2000	6:30 am	6:30 am	7:10 am	7:10 am
Osprey 2000	8:10 am	8:10 am	9:00 am	9:00 am
Osprey 2000	9:50 am	9:50 am	10:40 am	10:40 am
M.V. Balfour	10:40 am		11:30 am	
Osprey 2000	11:30 am	11:30 am	12:20 pm	12:20 pm
M.V. Balfour	12:20 am		1:10 pm	
Osprey 2000	1:10 pm	1:10 pm	2:00 pm	2:00 pm
M.V. Balfour	2:00 pm		2:50 pm	
Osprey 2000	2:50 pm	2:50 pm	3:40 pm	3:40 pm
M.V. Balfour	3:40 pm		4:30 pm	
Osprey 2000	4:30 pm	4:30 pm	5:20 pm	5:20 pm
M.V. Balfour	5:20 pm		6:10 pm	
Osprey 2000	6:10 pm	6:10 pm	7:00 pm	7:00 pm
Osprey 2000	7:50 pm	7:50 pm	8:40 pm	8:40 pm
Osprey 2000	9:40 pm	9:40 pm	10:20 pm	10:20 pm

All times are Pacific Time (PST). Times in bold indicate peak ferry travel. Anticipate delays during this period. Summer schedule runs late June to September Labour Day. Winter schedule begins a week after Labour Day to late June.

BORDER CROSSINGS

The Creston Valley Area is a short drive from the United States/Canadian border and is a very accessible destination from Idaho, Washington and Montana via the two following border crossings:



KINGSGATE/EASTPORT BORDER CROSSING

Closest port of entry to Yahk, which is 15 minutes north. Open 7 days a week, 24 hours a day, year-round. 1-208-267-3966.

RYKERTS/PORTHILL BORDER CROSSING

Closest port of entry to Creston, which is 15 minutes north. Open 7 days a week, with daytime hours of operation (changing seasonally). 1-250-428-2575.

For further information on travelling to Canada visit cbsa-asfc.gc.ca/travel-voyage.

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